

The Martyr

Great Lent starts Sunday evening

March 01, 2009

Volume 20

A parish bulletin ~ deadline Thursday Evening @ 6 PM <StGeorgeTrumbull@aol.com>

The Lenten Journey begins

As we begin the Great Fast this evening, let us consider the consequences of disobedience, recall our fallen state – and the benefits of fasting.

Today we are invited to cleanse ourselves of selfishness through fasting and obedience to God.

Our fasting should not be a negative thing, a mere abstention from certain foods. It is an opportunity to free ourselves from the sinful desires and urges of our fallen nature, and to nourish our souls with prayer, repentance, to participate in church services, and partake of the life-giving Mysteries of Christ.

At Forgiveness Vespers we sing: "Let us begin the time of fasting in light, preparing ourselves for spiritual efforts. Let us purify our soul, let us purify our body. As we abstain from food, let us abstain from all passion and enjoy the virtues of the spirit..."

In Memoriam

40 days ~ Linda K. Boland, Nina Denisevich, Ruth Cryan, John Babich, Jean Thanas

01 Charles C. Sotir (1984)

02 Miche Sotir (1953)

03 Koli Lazar (1960)

Mike Costa (1964)

04 Vasilika Rotta (2000)

Coffee Hour: Building Community

Today ????

Call Laura Chadwick 268-2865 to sponsor a coffee hour

Teuta News/Information

March 22nd - Teuta Meeting: Vi Bowe collecting 2009 membership dues

Bring back the icons next Sunday

Late breaking news!

The Lakrusr Luncheon scheduled for March 1 has been postponed due to forecasts of inclement weather

Prayers for Blessings

Christy Adams; Joyce Athanas; John Balga; Elvira Chadwick; Charles Michael Csernica; Monica Demetri; Charles Dougiello, Sr.; Bob Herman; Richard Hirst; Nicholas Hotova; Diane Hoffmeyer; the child Aisalyn Hurd; Violeta Kosdandini; Meni Kyriacou; Katherine LaBache; Christy Lambert; Elizabeth Lambro; Rita Lazar; Dhimitra Leka; John (Sr.) Louis; Louise Moran; Theodore Morrison; Meropi (Mary) Nichio; Minnie Phostole; Pandora Plasa; Eleanor Polena; Mark Sabatino; David Schutte; Gloria Simo; Tessie Sotir; Joanne Tallcouch; Peter Thanas; Mary, Peter Themel; Christy, Stephen & Leonora Thomas; Vincent J. Torre; Mitchell Trotta; Aphrodita (Rita) Vangel.

❖ As a community of Faith our prime responsibility is to support one another – in both faith and action. Prayer combines both. Please submit the name of the person for whom you wish to pray – and remember that when the prayers have been answered, to take that name off the list as well

Up-coming Events/Services

Today 9:30 AM Church School
10 AM Liturgy followed by Vespers with the rite of forgiveness.



Mar. 02 **Lent begins – no meat or dairy**
Mar. 07 9:30 AM Liturgy: **St. Theodore**

Labor of
LOVE

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- 5:00 PM Great Vespers followed by personal confession.
- Mar. 08 9:30 AM **General Confession** and Church School
10 AM Liturgy – Sunday of Orthodoxy – **return of the konizmat icons**
4:00 PM Pan-Orthodox Vespers at St. John (Mill Hill)
- Mar. 14 5:00 PM Great Vespers followed by personal confession.
- Mar. 15 9:30 AM Church School
10 AM Liturgy – St. Gregory Palamas
4:00 PM Pan-Orthodox Vespers at St. John (Broadbridge Ave., Stratford)
- Mar. 21 5:00 PM Great Vespers followed by personal confession.
- Mar. 22 9:30 AM Church School
10 AM Liturgy – Sunday of the Cross
4:00 PM Pan-Orthodox Vespers at St. Nicholas Orthodox Church, Park Ave., Bpt.
- Mar. 25 9:30 AM Liturgy: **Annunciation**
- Mar. 28 **NO VESPERS**
- Mar. 29 10 AM Liturgy – St. John of the Ladder

4:00 PM Pan-Orthodox Vespers at St. George, Trumbull.

You are invited to view Metropolitan Jonah's important address to the Metropolitan Council on the subject of the future of the Orthodox Church in America and the issues of responsibility and accountability:
<http://www.oca.org/jonah-2009-0218.html>

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